# Upcoming Free Recovery Activities





# Yoga and Wellbeing Session for Kids at BooFIIT

Baromi Centre, 38 Couper Street from 4.00pm.

Reserve a space at: www.mirboonorth.com/boofiit



### **Yoga and Wellbeing Session for Teens at BooFIIT**

Baromi Centre, 38 Couper Street from 4.00pm.

Reserve a space at: www.mirboonorth.com/boofiit



### Restore, Relax and Recharge for Adults at BooFIIT

Baromi Centre, 38 Couper Street from 6.00pm.





#### **Insurance Preparedness Session**

By Gippsland Community Legal Service from 7.00pm.

Learn about the different types of insurance, sum insured versus total replacement, if you are underinsured, policy exclusions, lodging a claim, disputes and where to get help.

BYO insurance documents for tailored advice. Location to be advised.



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# January



#### **Music and Light**

St. Mary's Anglican Church from 5.00pm.

24 hours of live music from over 30 musicians from across Gippsland.

Join a journey through Christian music from classic hymns to contemporary praise and worship.

### **February**



#### Glow in the Dark Youth Disco

Mirboo North Shire Hall – 6.00pm to 9.00pm.

A fantastic opportunity for young people aged between 12 and 18 to connect while they enjoy dancing, food and music.

Register at: www.southgippsland.vic.gov.au/youth



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#### **Anniversary Come and have a Chat**

Mirboo North & District Community Foundation

Come and have a chat over a cuppa on the anniversary of the 2024 storm. A great place to come together, talk and reflect.

Details to be advised.



### Restore, Relax and Recharge for Adults at BooFIIT

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#### **Storm Proof Soiree**

Mirboo North Pool – 4.30pm to 8.30pm.

Celebrate the reopening of the Pool and community resilience with music, games and more.

Free entry and BBQ (BYO drinks).

Blessing of the Pool at 5.00pm.



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### March

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#### Windermere Whittling Workshop

Mirboo North Community Shed

Booking details to be advised.



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#### **Festival of Small Halls**

Mirboo North Shire Hall – doors open from 6.30pm.

Join Hat Fitz and Cara and Lucy Farrell for a wonderful evening of folk and contemporary acoustic tunes.

Purchase tickets at: <a href="https://www.festivalofsmallhalls.com/mirboo-north-2025">www.festivalofsmallhalls.com/mirboo-north-2025</a>