

Join Us for a Mouth-Watering 'Parma for a South Gippsland Farmer'

South Gippsland Shire Council invites our local farmers to come together at the upcoming 'Parma for a South Gippsland Farmer' event. The event will be held on Monday evening, 22 July from 6.30pm to 9.30pm at the Mirboo North Hotel and has been organised in partnership with Agriculture Victoria.

It is more than just a culinary experience. It provides an opportunity to connect and share stories after the recent storm events that impacted South Gippsland earlier this year, strengthening bonds and fostering resilience over a classic Chicken Parma.

Special Guest Speaker, Warren Davies, founder of the Unbreakable Farmer, will be in attendance to share his insights and engage in conversation with local farmers. He is one of Australia's leading rural mental health speakers and advocates. He will share his own personal story which is one of resilience, persistence, and determination – a story so very important at a time when stress, depression and burnout is an everyday occurrence. His resilience and commitment to supporting rural communities makes him an inspiring figure for all attendees.

This event is more than just a meal; it's a chance to unwind, connect with others who understand the unique challenges of farming, and gain valuable insights and support fellow community members, local businesses, and organisations who are dedicated to supporting our farming community. The evening is also an opportunity to connect with representatives from various agricultural support agencies who will be present to offer resources and assistance.

Attendance is free, however spaces are limited, so bookings are essential. Please register in advance by visiting: <https://form.jotform.com/241838127156863>

Quote attributable to Clare Williams, Mayor of South Gippsland Shire Council

"This event is a wonderful opportunity for our local farmers to get together after what has been an extremely challenging six months.

Speaking out about difficulties and personal battles may not come naturally to many, but I hope that this

evening will guide people in the right direction for solace and support if needed. It will also be a great night to enjoy a classic Chicken Parma and a good ol' chin wag."

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